## **Orientation Course**

Fall Semester 2009 August 25<sup>th</sup> – 28<sup>th</sup>



## Monday the 24<sup>th</sup> and Tuesday the 25<sup>th</sup> – Arrival Days

### **Tuesday 25th – Aula Nordica (Universum Building)**

1:00 pm – 1:20 pm	Welcome to Umea University ( <b>Peder Tjäderborn</b> )
1:20 pm – 1:50 pm	"Survival Information" (Jenny Eriksson)
1:50  pm - 2:00  pm	Short Break to stretch your legs
2:00  pm - 2:30  pm	Introduction to the Buddy program and the evening events
	(Ulrika Back)
2:30  pm - 3:00  pm	Housing information (only for people who have housing
	through the IHO) ( <b>Petter Forssell</b> )

#### **Information from your department**

From 3:30 pm. the following departments will hold information sessions for their international students

The precise information about when and where your department will hold their information session will be posted at the International Office during the arrival days:

**USBE** (**Umeå Business School**): Harriet Kobutiti (Lecture Hall A, 1.00pm-3.00pm)- Social Science Building

Pedagogy/Education: Jonas Mikaels (Applied Coaching, Leadership in Sport & Health

Promotion Activities) **Physics:** Roger Halling

**Medicine:** Anita Elmqvist (floor 7, Administration Building)

Food & Nutrition: Roger Ahlgren (Room L 306) – OBS! Wednesday 26th, 3.00pm

Ecology & Environmental Sciences: Tommy Olsson

Political Science: Kerstin Kolam (Room S504, Social Sciences Building)

**Informatics:** John Cumberbatch (Room MA 206, MIT-Building)

Computer Science: (Room MC413, MIT-Building)

Dentistry: Agnetha Lundström (Building 1D, floor 5, room 511)-University Hospital Arena

# \*\*\* Monday, August 31<sup>st</sup> 10:15am-noon: Umeå Centre for Gender Studies: Monica Christianson

An evening event: Mingle and explore downtown Umeå. We will meet up outside McDonald's downtown (Rådhustorget) at 6.30 pm and go to a pub nearby for some mingle.

## Wednesday 26<sup>th</sup> – Aula Nordica (Universum Building)

10:00 am – 10:45 am	Cultural differences ( <b>Dot Åström</b> )
10:45 am – 11:00 am	Information about the English conversation class and the
	English tutorial lab.
11:00 am – 11:30 am	Information from IKSU Student Sport Center (Ola Viklund)
11:30 am – noon	Information from IKSU "Alpin" and IKSU "Frilufts" about
	trips and excursions you can join. (Andrew Arbuthnott)
Noon – 1:00 pm	Break for lunch
1:00 pm - 2:30 pm	Introduction and tour of the University Library. (Helen Hed)

An evening activity: Try out "Brännboll" and "Kubb", typical Swedish outdoor activities and discover Mariehemsängarna, a nice recreation area in Umeå.

We will meet up at **6.30 pm** by the fountain outside the Universum building (Campus) and hike or bike to Mariehemsängarna together. The hike takes about 15 minutes and the bike tour takes about 10 minutes. Bring some warm clothes, since the evenings can be a bit chilly. Feel free to bring something to eat or drink.

# Thursday 27<sup>th</sup> – Aula Nordica (Universum Building)

10:00  am - 10:45  am	Introduction to the Swedish system of study ( <b>Dan Frost</b> )
10:45 am - 11:00 am	Information about the Host program (Nils Seye-Larsen)
11:00 am - 11:30 am	Information and welcome from the Municipality of Umeå
	(Anna Olofsson)
11:30 am – 0:30 pm	Break for lunch
0:30  pm - 2:00  pm	Registration with the Student Unions *)
2:00  pm - 4:00  pm	Campus race

<sup>\*)</sup> For students studying at the **Faculty of Science and Technology**, you will make your registrations on **Monday**, **August 31st or Tuesday September 1**<sup>st</sup>, **between 09:00am – 4:00 pm.** <u>Place</u>: "Kårhuset Origo"

# Friday 28<sup>th</sup> – Aula Nordica (Universum Building)

10:00 am - 10:45 am	Some basic insights to society and life in Sweden
	(Dieter Müller)
10:45am – 11:00 am	Short break to stretch your legs
11:00 am - 11:45 am	The Sámi – An indigenous people of the north (Krister Stoor)
11:45 am – noon	Information to German speaking students about the Swedish-
	German tandem programme (Ingela Valfridsson)
Noon – 1:00 pm	Break for lunch
1:00 pm – 5:00 pm	Guided bus tour of Umeå surroundings (break for "fika") and a
	guided walk tour in the City Centre
	(start: in front of the Universum Building)
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5:00  pm - 8:00  pm	Welcome Reception (at <b>Rex</b> – at Rådhustorget) and Prizes for
	the days achievements, followed by Pub/Club for those who
	choose to stay.

You will need to sign up <u>during Tuesday-Wednesday</u> to be able to participate in the guided bus tour and the Welcome Reception. Participation in Friday afternoon's programme (incl. "fika" and Welcome Reception/dinner) costs SEK 100.

Further information will be given during the Orientation Course.